#### MONDAY MORNING NEWSLETTER



#### USDA Announces Steps to Improve Child Health through Nutritious School Meals

US Secretary of Agriculture Tom Vilsack announced initiatives to improve the nutritional quality of school meals in America at a USDA Roundtable on Healthy School Meals.

The proposals, which aim to provide children with the nutrition they need, include updates to science-based nutrition standards, recognition of school districts with high nutritional standards, and assistance to small and rural school districts. The proposed updates include limiting added sugars, allowing flavored milk with reasonable sugar limits, reducing sodium limits, and emphasizing whole grain products. USDA is also making a \$100 million investment in healthy meal incentives.

The proposed rule also includes stronger Buy American requirements, more locally grown foods, and culturally appropriate food for American Indian and Alaskan Native students. All interested parties can comment on the proposed school meal standards during a 60-day comment period starting on Feb. 7, 2023.

Read More Here

#### **PEARS Reminders**

2/10 - Community Eligibility Provision Webinar for Prospective Sponsors

#### 2023 SNA Election

Voting for SNA's 2023 election opens this week on **Wednesday**, **February 15**. As an SNA member, voting is your chance to shape the future of SNA, so make sure to take advantage of this opportunity to make your voice heard!

Our very own Nichole Taylor from the Chichester School District is running for Director! To support Nicole and view some of the other candidates visit here!







Join us Tuesday, February 14th at 2pm for our next Teaches Tuesdays!

February 14, 2023 at 2pm

Topic: PA Harvest of the Month Recipes

Register Here!

# 2023 SNAPA Director Workshop

Join us for the 2023 Director Workshop offers two days of collaboration, ideasharing and networking. By the end of the event, you'll be equipped with the necessary knowledge, motivation and support to finish the year on a high note.

Pack your bags for March 26-27th at Seven Springs Resort! Online registration ends on March 1, 2023! Click below to learn more and register!

Register Here!

#### **Call for Presenters**

SNAPA is looking for presenters for the 2023 Annual Conference! If you would like to present or know someone who is interested, please fill out our online form **HERE**. Submissions must be received by February 28, 2023.



#### USDA Releases Proposed Long-term Nutrition Standards

USDA has released proposed long-term nutrition standards for school meals. Most notably, the proposed rule, <u>Child Nutrition Programs: Revisions to Meal Patterns</u>

<u>Consistent with the 2020 Dietary Guidelines for Americans</u>, would phase in new limits on added sugars and additional sodium reductions in school meals.

<u>SNA's press release</u> in response to the proposal urges USDA to maintain current standards.



#### SNA Ideas Exchange: SN Magazine Live

This webinar will focus on creative problemsolving as outlined in the article, "Let Your Imagination Take Flight," by JoAnne Robinett, SNS—so make sure to give it a good read before the discussion! <u>Join</u> at 2 p.m. Thursday, February 16, to discuss the January/February 2023 issue of School Nutrition magazine!

#### **Attention Partners!**

We invite all SNAPA Business and Industry Partners who have registered through SNA for the Legislative Action Conference (LAC) to join our membership during our legislative hill visits. The visits will be held throughout the day in-person on Tuesday, March 7th. If you are attending LAC and would like to join SNAPA on our legislative visits please let us know here. If not, there is no further action needed. Visit schedules and further information will be shared before the conference with those that have signed up to participate.

# **Submit your Nominations**

The SNA Awards program highlights the outstanding and important work of SNA members and state affiliates. Nominate a colleague you admire and help them get the recognition they deserve!

#### Nominate a colleague for:

- Director of the Year award
- Manager of the Year award
- Employee of the Year award
- Industry Member of the Year award

Submit nominations here by March 1!





National School Breakfast Week (NSBW) is right around the corner! Celebrate with your students and promote school breakfast using <u>Mission</u>

<u>Nutrition's</u> fun promotional items. Our five-day program includes one product for each day of the week.



#### In The News

'Western Pa. schools grapple with rising lunch debt as pandemic-era program that gave kids free meals ends

<u>USDA proposal could limit flavored milk in</u> schools

<u>Comment Request on Proposed Rule: Child</u> <u>Nutrition Programs - Revisions to Meal</u> Patterns Consistent with the 2020 DGAs





#### 2023 SAA DIRECTOR CAADIDATE

#### E. Nichole Taylor

#### **About Me**

Hello,

My name is E. Nichole Taylor and I am so please to be running as your SNA 2023 Board candidate for Director. My goal is simple. I want to be the voice on the board for all our members. I enjoy meeting new people and exploring the needs of members to help foster growth within our organization.

#### **My Favorites**

Color: Pink

Animal: My dog Sirius

Hobby: Baking

Food: I can't pick just one

Drink: Seasonal Coffee

#### Why Me?

It is more than just being your voice. It is about really understanding the heart and soul of our members. No matter how great or small your contribution, everyone matters.

#### **Quick Bio**

#### **SNA Participation:**

Member, Public Policy & Legislation Committee (2021-Present); Member, USDA Foods Task Force; has attended and spoken and numerous national and state conferences.

#### State Affiliate Participation (PENNSYLVANIA):

President, President-elect, Vice President (2017-20); Membership Chair (2022-Present); Conference Chair (2021-22).

#### Other Professional Memberships And Honors:

Featured in SN Magazine, February Edition, My Leadership Journey (2020).











# SNAPA Tray of the Month Campaign

A year-long school meal promotion activity that highlights the consistent high quality meals served in our Pennsylvania schools!

### How does it work?

Each week SNAPA will select and share, via social media & email, photos of Pennsylvania school meal trays served that week, and which meet the following criteria:

- 1. Meet the USDA National School Breakfast or National School Lunch Meal Patterns, clearly showing all components (i.e. including fruit, vegetables, grains, meat/meat alternate and fluid milk as applicable)
- 2. Include a description of the meal menu items
- 3. Indicate the location and date of service
- 4. Be attractively plated and photographed
- 5. Submit photo with description to communication@snapa.org

SNAPA social media followers will be asked to select their favorite photo each week. The image with the most weekly engagement (likes, shares & comments) will go into a running for the SNAPA Tray of the Month!

The SNAPA Tray of the Month will be selected and awarded the first week of the new month!

# Purpose of Campaign

The campaign is intended to amplify all work that goes into meals served in Pennsylvania schools. SNAPA wants to provide a space where all School Nutrition Programs, regardless of size, location or presence on social media, will find an outlet to celebrate the work of your School Nutrition Professionals.

We also expect the campaign to provide replicable menus and menu presentation examples from local sources, from which other School Nutrition Programs may draw inspiration.

# Winners

- Winners will receive a congratulatory award for winning tray of the month.
- Winning tray will be featured on SNAPA Social Media (Twitter, Instagram & Facebook!)
- List of winners and their photos will be linked on SNAPA website.
- Tray of the month winning trays will be highlighted and recognized in SNAPA Happenings.

## Have fun and follow along!

Competition starts October 4th for the 22-23 school year start sharing those trays!







@SNAofPA