

News & Features From The School Nutrition Association of Pennsylvania

# HAPPENINGS

SNAPA SPRING 2017

*The Kalahari Beckons ...  
The 2017 Annual Conference!*



# SNAPa NEW

## Board Members



**MELISSA HARDING, SNS**, will become the 57th President of SNAPa on July 1, 2017. She is a School Nutrition Specialist with a graduate certificate in Marketing along with a Bachelor's Degree in Nutritional Sciences from The Pennsylvania State University.

Melissa is currently the Director of Food Services for Upper Moreland Township School District. Prior to her current position, she worked for Upper Dublin School District and The Pennsylvania State University Nutrition Services.

She is an active member of the Academy of Nutrition and Dietetics and the Pennsylvania Association of School Business Officials. She also works with CN Resource and Primero Edge, the Pennsylvania adopted nutrition database system, providing assistance to schools to comply with the new regulations and teaching how to operate the Primero Edge programs. She has been a trainer and presenter at several state conferences and workshops. Melissa loves her work in School Nutrition and has begun to host Dietetic Interns in her program.

In her free time, Melissa is a member of a CrossFit gym and a Certified Level 1 CrossFit trainer. She also loves to cook, travel and cheer for Penn State.

**ANTHONY J. BROCHU, JR.** has been elected Vice President of the SNAPa Board. He is the Director of Food & Nutrition in the Cornwall-Lebanon School District and the Eastern Lebanon County Schools. Previously, Tony worked as the Food Service Coordinator in the Muhlenberg School District, in the Twin Valley Area School District, in the Reading Muhlenberg CTC, and as a chef instructor.

Tony is a graduate of Johnson & Wales University, and also studied at Temple University and Penn State University. He is a Certified Chef.

Tony served as Chair of the 2016 Annual Conference and as a member of previous SNAPa committees, organized the "SNAPa Gives Back" program, and helped to build, staff and "pull" the SNAPa Parade Float!



**ELIZABETH HENRY** will serve as the Chair of the 2018 Annual Conference in Pittsburgh and is the Health and Nutrition Coordinator for Pittsburgh Public Schools Food Service Department. She is working to improve the availability and appeal of healthy foods for students while focusing on increasing participation in school meal programs. Elizabeth's mission is to start more positive conversation surrounding school food service and to work with community groups to enhance the school meal programs.



Originally from Annapolis, Maryland, Elizabeth received her undergrad degree in nutrition and psychology from Virginia Tech and a master's in clinical nutrition from the University of Pittsburgh. As an advocate for child nutrition and an active member of the Academy of Nutrition and Dietetics, Elizabeth acts as a preceptor for dietetic interns each year during their Food Service rotation.

*Published by the*  
**S**SCHOOL **N**NUTRITION **A**ASSOCIATION  
OF PENNSYLVANIA

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**SNAPA HAPPENINGS**  
*is published three times a year*

**5 & 15**  
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**“On The Hill”**  
**New Members**  
**Get Certified!**

# HAPPENINGS

SNAPA



# SNA & SNAPA

## It's Where YOU Belong!

### SNA Membership Matters

SNA is 58,000 members strong and because membership matters to the school nutrition profession, help SNAPa and SNA recruit new members and your reward could be the chance to win a registration to ANC 2019! Recruit five or more new members between June 1, 2017 and May 31, 2018 and you will be automatically entered into a drawing to win 1 of 5 registrations to SNA's 2019 Annual National Conference (ANC) in St Louis.

### DON'T FORGET!

Make sure the new member writes your name in the referral section of the membership application form, otherwise it won't count!



Annual Membership Campaign  
2017-18

**SNA Membership Matters...Recruit a New Member Today!**



## PRESIDENT'S MESSAGE

Spring has sprung and hopefully many of you have had an opportunity to re-ignite during a much-deserved Springtime break. I hope you had time to

visit with family and friends, do some planting, or just relax, even if for a little while.

On April 1st (no fooling,) your SNAPA contingency attended the School Nutrition Association Legislative Action Conference in Washington DC. It was a well-attended conference with over 900 nationwide attendees. Hopefully you received an email from SNAPA asking you to be a part of this event by calling your local federal legislator and letting them know that we are seeking their support of Child Nutrition programs. The legislative position paper can be found on [www.schoolnutrition.org](http://www.schoolnutrition.org), under Papers and Presentations. The PA contingency visited every legislative district in Pennsylvania with a few face-to-face visits with our elected officials.

The legislative position paper listed several "asks", (1) opposition to block grant child nutrition programs, (2) to expand USDA commodities to include 6 cents at breakfast, (3) to provide flexibility under the federal nutrition standards in regards to Target 2 Sodium levels and whole grain flexibility, (4) simplify administrative regulations by reverting back to administrative reviews once every five years rather than once every three years.

These are common sense requests. The majority of Pennsylvania's legislature agrees with our position and look forward to supporting us as we move forward in child nutrition legislation. That is great news. Stay tuned as we move forward in this process.

SNAPA is looking forward to "It's a Jungle Out There;" SNAPA's Annual Conference at Kalahari

Resort in the Pocono Mountains. We hope you can join us! The convention center is state of the art with amazing meeting spaces and a super fun atmosphere! There will be awesome opportunities for staff training as well as administrative training opportunities.

The Kalahari also has a beautiful space for our food show where our business and Industry partners have a great adventure planned for you! Plus, the resort is family friendly with America's largest indoor water park! Bring your family and combine a little play with your work, while you learn and grow with SNAPA!

The SNAPA Board is looking forward to our strategic planning meeting scheduled for the end of April, where we will be further developing our five-year strategic plan. I would love to hear from you on ideas to further develop our association for all members. If you have any ideas you want to share, don't hesitate to contact your chapter president, your regional representative or email me at [president@snapa.org](mailto:president@snapa.org).

SNAPA is continuing to work hard at providing professional development for you and your staff. Stay tuned for SNAPA Teaches Tuesday free webinars; a great way to provide credited training for your staff!

As always, thank you for the opportunity to serve you! It is an honor and a privilege to serve the passionate and dedicated members of SNAPA. Keep up the great mission of advancing the quality of child nutrition programs through education and advocacy! I hope you all have a wonderful year-end and I look forward to seeing you in Kalahari!

# spotlight on



Spotlight on Fit Foodz! Fit Foodz is committed to delivering healthy and delicious chicken products. They have a variety of items that include: Breaded Chicken, Grilled Chicken, Sweet Italian Sausage, Chicken Sausage, Buffalo Chunks, and BBQ Chunks.



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## DIRECTOR OF THE YEAR

**JACQUELINE FROEHLICH**, Bucks County Youth Center, is the recipient of SNAPa's 2017 Director of the Year Award. Jackie is a pioneer in school gardens, operating a garden at her school since 1981. It has been expanded over the years to include herbs, vegetables and an orchard. The garden contributes over \$6,000 a year in produce for the program. In 2012, this school was the first program in the state to be awarded the HUSSC Gold Award of Distinction from the USDA. Under Jackie's direction, the facility cooks meals from scratch. In 2015, she held a regional Farm to School event at a local farm where over 70 participants enjoyed an education tour. She has been a member of SNA for over 19 years and a SNAPa chapter officer since 2011.



## MANAGER OF THE YEAR

**LORI MARKLOFF**, Pennridge School District, is the recipient of SNAPa's 2017 Manager of the Year Award. In 2012, Lori was instrumental in creating a partnership with her local Intermediate Unit to provide a work study program in the school's cafeteria for district IU students with disabilities. She created a daily duty checklist for the students and helped the job coach in training the students on simple cafeterial tasks. Lori is very patient and caring with all of the student workers. She has also mentored the IU student worker for the past two years. Lori has introduced this student worker so well that since she has graduated, she is a substitute cafeteria worker for the district! She was recognized by the local Intermediate Unit last year as the recipient of the "Caring Community Award" for all of her mentoring work with the IU students.

## EMPLOYEE OF THE YEAR

**JUDY KIRKPATRICK**, South Fayette Intermediate School, is the recipient of SNAPa's 2017 Employee of the Year Award. As the head cook, Judy oversees the "special dietary needs" of the students which means about 280 special diets every day. She works with the parents, guidance and nurses to assure that each student is fed and safe. She oversees recipe training, cooking techniques and daily instruction with all 3 schools. Judy checks bid pricing for accuracy and other vendors for comparative pricing. Judy takes a lot of pride in her work and is a great mentor to other colleagues.

## NUTRITION EDUCATOR OF THE YEAR

**ANNMARIE LORINE**, Great Valley School District, is the recipient of SNAPa's 2017 Nutrition Educator of the Year Award. Some of Annmarie's greatest achievements including starting Apple Crunch Day (now Fruit & Veggie Week), where she teaches students about different fruits and vegetables and why they are good for our bodies. She has been instrumental in bringing special guests to the school, guest experts, and has developed special games to educate students. Annmarie is a fan of the school's garden and teaches the kids how the food in the cafeteria comes from the garden. She coaches the local chapter of Girls on the Run at the elementary school where she teaches.

## E.J. SCHINDEL SCHOLARSHIP

**JASMINE GARTNER**, Quakertown School District, is the recipient of SNAPa's 2017 E.J. Schindel Scholarship. Jasmine will attend Johnson & Wales University in the fall. Her baking skills and decorating techniques will improve while attending college and she hopes to travel to France or Italy to learn more about desserts and ways other people make pastry. Jasmine plans to own her own business, hiring people that want to learn her techniques. Good luck, Jasmine ... we would love to taste your pastry creations.



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**30 million school meals are served every day.**

And for some, those are the most nutritious meals they'll eat.

That inspired us to offer six delicious all natural sliced turkey deli meat varieties. Mix and match your varieties (turkey breast, ham, pastrami, salami, bologna, pepperoni) as any six slices will provide a 2 oz. M/MA serving, with 460 mg of sodium or less.

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**6 SNAPA HAPPENINGS ~ "IT'S A JUNGLE OUT THERE ...!"**



2017 Annual Conference  
FREE REGISTRATION!  
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*The* **Biggest**  
& **BEST**  
*Food & Equipment Show*  
*in Pennsylvania!*

*The Whole Gang Is Getting  
Together AGAIN This Summer!*  
*Join Us!!*





**Kristan Delle** (*The School District of Upper Dublin*) SNAPa's Region 3 Representative, and **Nichole Taylor** (*Upper Perkiomen School District*) SNAPa's Region 4 Representative were selected to participate in SNA's Future Leaders Program at the recent National Leadership Conference in Baltimore. Next on the agenda? ***Will you be joining school nutrition professionals from Pennsylvania and beyond in "hot-lanta" for SNA's 2017 ANC?***



*Your incoming SNAPa President, Melissa Harding, and two of your "future" SNAPa Leaders, Nichole Taylor and Kristan Delle, attended SNA's National Leadership Conference in Baltimore earlier in May.*



# Chapter NEWS

# region 8



**LISA BREST**, Food Service Director at Reynolds School District is receiving a great big ole “shout-out” from her staff ... for all the wonderful things she does for the kids. She does a steak fry for the football players every year. She makes cookies for all the sports teams. This year she did a steak fry for the track team. She made a bag of cookies up for the whole Kindergarten class to celebrate the 100 days of school. She bought packs of M&M in Blue & Gray (the school colors) for the wrestlers. She bought A&W root beer and decorated the cans for the basketball players. She made basketball cookies for the basketball team. She made cake pops for the wrestlers. On her own time, with her own money.

She attends sporting events to support the students. She is always finding ways to help brighten their days. She tries to cater to every student's need or want for breakfast and lunches. She takes a personal interest in every student and staff member at Reynolds.

There is no amount of thank-you's to show her how much everyone appreciates all she does. “We are so lucky to have her here.”

*And that is what it is all about ...*



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**GOOD THINGS**

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# LEGISLATIVE UPDATE

# Quick News Notes

## THE HILL: DC & Harrisburg

**NEWS FROM USDA SECRETARY SONNY PERDUE:** The newly appointed Secretary of the US Department of Agriculture has granted school food service programs greater flexibility in dealing with sodium levels, whole-grain requirements and fat-free milk options. This decision is an excellent first step towards the positions introduced by the School Nutrition Association at this year's Legislative Action Conference. They are listening to us on the Hill and we should continue to contact our Congressmen with our concerns. I encourage you to contact Ag Secretary Perdue and commend the good work he has done for the children of our Districts!

For reference: <https://www.usda.gov/media/press-releases/2017/05/01/ag-secretary-perdue-moves-make-school-meals-great-again>

**RANDY WALKER**  
*Chair, Public Policy & Legislation*

**PENNSYLVANIA STATE SENATOR JAY COSTA PLANS “LUNCH SHAMING” BILL:** Senate Minority Leader Jay Costa (D-Allegheny County) has been seeking co-sponsors for a bill that would prohibit schools from discriminating against or stigmatizing children who have outstanding credit or don't have enough money to pay for meals. At the time we went “to print,” the Senator continued to seek additional sponsors for this legislation.

The bill would require school districts to work with families to ensure every child has an opportunity to eat lunch and not be singled out for their financial situation. Children should not have to be humiliated and ridiculed for not being provided lunch money from their parents, he said. “We believe this is a very, very important piece of legislation that'll require school districts to act accordingly and not to serve as bullies along those lines.”

**Pennsylvania's US Senator Bob Casey, Jr.** recently announced he was sponsoring the “Anti-Lunch Shaming Act” along with Sens. Tom Udall (D-NM) and Martin Heinrich (D-NM) to prohibit schools from “lunch shaming” children that are unable to purchase their meals.



*Sen. Jay Costa (D-Allegheny County)*



*Pennsylvania's First Lady Frances Wolf mingles with students at Columbia High School*



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**SNAPa Platinum Business & Industry Partner Carol H. Gilbert Consulting** provides consulting services to Columbia Borough School District in Lancaster County. Christi Beazley is the Consultant working with the FS Coordinator and FS staff. A goal this year has been to address low numbers of students participating in the Breakfast program. Columbia is a CEP District. Breakfast participation is high at the Elementary and Middle School, but at the HS seems to just make the 20% mark each month. Many students gather at the outside front entrance to the building, but were not 'walking to the Café for breakfast.'

Building on ideas on how to grow breakfast participation and the support of a new principal, it was decided to try a coffee/breakfast area for Sr. High students outside of the Lobby Cafe.

During School Breakfast Week in March local guests- Mayor, Superintendent, Fireman, Police officers, Central PA Food Bank, served breakfast to students, meal counts started to go up. Christi discussed the need to order a food cart to take breakfast to the front of the building with the Central PA Food Bank. Thanks to CPFEB who will be donating a Breakfast Cart for use in the Gym Lobby.

The week of May 15 launched a 2nd breakfast week in the gym lobby with a temporary food cart (the new cart is due in anytime...). Again, dignitaries were invited to serve in the new area. On Monday, First Lady Frances Wolf, made an appearance to launch the new service area. This was her first opportunity to visit and participate in a School Breakfast at a school. Other servers included- PA Secretary of Education, Pedro Rivera and community officials.



*Pennsylvania Congressman Dwight Evans (D-Philadelphia) meets with SNAPa members during the annual “Hill Visits” during SNA’s Legislative Action Conference.*



*Pennsylvania Congressman Glenn “GT” Thompson (R-Bellefonte) is a member of the US House Education and Workforce Committee and the House Agriculture Committee. The Congressman met with SNAPa members in Washington, DC during the recent “Hill Visits.”*



*The School Nutrition Association of Pennsylvania’s delegation to SNA’s LAC ... comparing notes, checking appointments, and getting ready to “charge the Hill” ... Join them next year!*



# Congressional Record

PROCEEDINGS AND DEBATES OF THE 115<sup>th</sup> CONGRESS, FIRST SESSION

## House of Representatives

MR. THOMPSON, of Pennsylvania: Mr. Speaker, this afternoon I will meet with leaders from the School Nutrition Association of Pennsylvania, commonly called SNAPa, which is a statewide organization of school nutrition professionals.

SNAPa works to advance quality child nutrition programs through education and advocacy. Organized in 1955, SNAPa is an all-volunteer Board of Directors elected by its membership, which currently stands at more than 2,300 individuals.

As Chairman of the Agriculture Subcommittee on Nutrition and a senior Member on the House Education & the Workforce Committee, I know the essential services that SNAPa works to provide. Students throughout the Commonwealth receive high-quality, low-cost meals thanks to SNAPa.

Mr. Speaker, it is important to remember that for some students the only meal they receive is at school. This organization works to keep our children healthy and ensure they have healthy food options through school meal programs.

SNAPa is recognized as the authority on school nutrition in Pennsylvania. I sincerely thank SNAPa for advancing the availability, quality and acceptance of school nutrition programs as an essential part of education in Pennsylvania for more than 60 years!

April 4, 2017

Glenn 'GT' Thompson  
Member of Congress

Congressman Thompson had this commendation inserted in the “Congressional Record,” recognizing SNAPa and thanking us for more than 60 years of service to school nutrition.

Our thanks to Cong. Thompson for all that he does on behalf of his constituents and his support for school nutrition!

*SNAPa’s Red Rose Chapter recently hosted Pennsylvania State Rep. Bryan Cutler, House Majority Whip (R-Lancaster), and State Rep. Mindy Fee (R-Lancaster).*

*SNAPa Board members in attendance included Chris Dunn (Cocalico School District), Chair of Nutrition Education & Professional Development, Jace Cameron (Montgomery County Youth Center), Chair of Membership Service & Nominating, and Sue Eichelberger (Hempfield School District), Employee Manager/Representative.*



# SNAPA THANKS OUR NEW & RENEWING SNA MEMBERS ... FROM MARCH 1 TO APRIL 30, 2017

Jean Ager	Travis Folmar	Connie Ligenza	Melissa Schad
Josie Arias	Ellie Fraser	Charles Linderman	Debbie Schettler
Sylvie Baccaro	Renee Frederick	Monica LoFurno	Paul Schmid
Mita Barot	Vicie Frees	Beth Loomis	Lindsay Seibert
Dimitra Barrios	Kay Fritz	Martin Lorenzo	David Shefter
Dawn Basinger	Teri Gamez	David Ludwig	Marilyn Shirey
Theresa Bemis	Wendy Garman	Helen Malloy	Leorne Shollenberger
Sharon Berger	Penny Garris	Sally Matthews	Bob Shope
Nora Borza	Virginia Geist	Yvonne McComsey	Dee Smith
Tammy Boyd	Barbara Gerginski	Margaret McNitt	Lynda Smith
Della Broomall	Donna Gerhart	Christine Medaglia	Ruth Smith
Chuck Brown	Katie Gioia	Abigail Miller	Betsy Snyder
Lori Bumbaugh	Nancy Graham	Jennie Miller	Donna Spangler
Pamela Burrows	Emily Harper	Debra Miller	Rebecca Spieler
Vicki Canham	Ivy Harro	Katherine Miller	Amanda Stewart
Darlene Carmack	Eric Hatt	Matthew Mitchell	Mary Storer-Clawson
Scott Carter	Tesa Hauser	Deborah Morrow	Tamera Stouffer
Dee Cherry	Shannon Hennel	Diane Movinsky	Vicki Suglia
Joanne Colesar	Wanda Herring	Brenda Mundy	Devon Sundberg
Joseph Consolmagno	Diane Hery	Linda Neff	Connie Swonger
Jean Cook	Kathleen Hiltwine	Faye Nelson	Bruce Thens
Vonda Cooke	Candice Himes	Terry Norris	Marta Torres
Polly Coryell	Lana Hollinger	Kimberly Ober	Willie Uncles
Willie Covington	Bonnie Holmes	Jessica Oldsey	Diane Vinson
Kim Croci	Linda Hunter	Brittani Parson	Amy Virus
Dianne Dabulis	Kay Johnson	Lois Potts	Rick Voight
Kimberly Daum	Diane Kaag	Joseph Pupo	Randy Walker
Chris Decker	Samantha Kahl	Mary Ratay	Nicole Walters
Maria Deluca	Jeffrey Kavelak	Jean Readman	Christy Weaver-Smith
Doreen Deola	Deb Kendra	Jill Reitz	Dorothy Weber
Molly Devlin	Irena Kiecko	Pamela Rice	Joyce Weber
Michelle Dombach	Gary Kiernan	Anne Risoli	Debra Weitkamp
Mary Dziamba	Brian Kimmey	Mary Roach	Tiffany Wells
Bonnie Eberly	Carole Klinger	Virginia Rudner	Dale Werner
Wayne Eckelmann	Tina Klopp	Diane Ruff	Tammy Whitebread
Krista Edinger	Elizabeth Knab	Scott Rutkowski	Jennifer Wilinsky
Jennifer Edmondson	Theresa Knipe	Brenda Rzucidlo	Ginger Williams
Lisa Eisenhower	Christina Kostyk	Susan Rzucidlo	JoAnn Wismer
Kim Emel	Valerie Kreider	Theodore Sartalis	Chris Yaksich
Margarte Fennell	Sherrie Krick	Tracey Savary	

**SNA & SNAPA**  
*It's Where YOU Belong!*



# REGIONAL AWARD RECIPIENTS



Each year SNAPa members have the opportunity to apply for a “Regional Award” to attend that year’s Annual Conference. There is to be one recipient from each of SNAPa’s regions, based on specific criteria. An individual recipient receives two nights accommodations at the Annual Conference’s headquarters hotel and all meals ... basically a free Annual Conference! ***This year’s Regional Award recipients:***

**REGION 2 - CATHY GALLAGHER**, *East Stroudsburg Area School District*: Cathy helps others without asking, never complains about various jobs assigned. She likes to learn about different products and how to handle them properly.

**REGION 3 - AMBER OTT**, *Upper Bucks Technical School*: Amber’s philosophy is about using scratch made products whenever possible, cost effective and available. Our kitchen offers products to students they may not have been introduced to at home.

**REGION 4 - CARRIE ANN BRIGHTBILL**, *Conrad Weiser School District*: While I go into statistics about test scores, attendance, good nutrition and learning going hand in hand, I believe school food service is more than just about that. Food is the single most important influence on health, so as a food service worker in a school, it is my job to not only provide healthy, nutritious meals in a friendly manner, while making them appealing and enjoyable but more importantly, to make sure children are never left hungry.

**REGION 4 - WANDA WAGNER**, *Solanco School District*: My school philosophy is that food service is a very important part of the education system. It is necessary for us to provide healthy options but in picking we must keep in mind what will the children eat. No one learns or works well with empty bellies.

**REGION 5 - MELANEY STREMMEL**, *Gettysburg Area School District*: It’s important to me to know that the kids in our school district are receiving a quality, fulfilling and nutritional breakfast and/or lunch daily; parents put their trust in us to give their kids the best care while they are away from home.

**REGION 6 - CONNIE SNYDER**, *Holidaysburg Area School District*: The school food service is an important part of the students learning process. Connie believes that they should give kids a healthy start in their educational development with a national breakfast and lunch program.

**REGION 7 - TAMARA LINDLEY**, *McGuffey School District*: My philosophy about school food service is that food service and learning are two peas in a pod. Students must first have good nutrition to help the learning process. We want to provide quality food and friendly service to our students. The food service department is made up of a team of food and nutrition professionals that are dedicated to our students’ health, well-being and their ability to learn.



**REGION 8 - FARRAH MCKINNEY**, *Karns City Area School District*: Farrah believes we shall provide a healthy breakfast and lunch for our students by providing them with multiple choices and a nice selection of fruits and vegetables. Many of the students come from underprivileged families and the meals may be the only source of nourishment that they will receive that day. She tries to provide a happy and friendly environment for them and interacts with them as much as she can.

# Chapter NEWS

**SNAPa's Tri-County Chapter** met on March 28 at the local Bonanza Steak House! Thirty-one SNAPa members attended.



*Scot Klick, Key Impact Sales, and Sue Eichelberger, Hempfield School District, helped the Capital Area Chapter kick off its very first meeting this spring at the Mechanicsburg Area Middle School Cafeteria.*



**TRI COUNTY  
SNAPa CHAPTER 24**



**Greta Askew of Key Impact Sales** provided the evening meal at the spring meeting of the **Greden Heuten Chapter**. Akirah Cordero, St Luke's Hospital, spoke on Wellness.

**GNADEN HEUTEN CHAPTER**

# spotlight on



## FORWARD FOOD

A program of The Humane Society of the United States

Kate Watts, Food & Nutrition Coordinator  
Phone: 215.356.4900  
Email: kwatts@hsus.org  
Web: www.forwardfood.org

## Meatless Monday

Meatless Monday is an easy, green initiative that countless school districts across the country have launched to educate their students on the importance of taking a holiday from meat at least once a week. These schools are instilling eating habits in our students that benefit their health and that of our planet.

When it comes to environmental sustainability, the numbers don't lie: According to the **Environmental Defense Fund**, *"If every American skipped one meal of chicken per week and substituted vegetables and grains...the carbon dioxide savings would be the same as taking more than half a million cars off of U.S. roads."*



### Fight Obesity

An article in **TIME** magazine stated that 42% of Americans could be obese by 2030, and our children are no exception to this trend.

The promotion of more plant-based foods is crucial as The Johns Hopkins Bloomberg School of Public Health found a strong link between meat consumption and obesity.

A later study by the Cleveland Clinic showed that obese school children with high cholesterol who were put on a plant-based diet *lost* weight and *reduced* their cholesterol—all after just one month.



### Reduce Heart Disease

While heart disease is our #1 killer, plant-based foods decrease our risk of death from diabetes and cancer too. In a new position paper from the **Academy of Nutrition and Dietetics**, some of the nation's leading experts in nutrition outlined the benefits of a plant-based diet, stating that they're "healthful, nutritionally adequate, and may provide health benefits for the prevention and treatment of certain diseases" in all stages of life.

A simple step like replacing or eating meat-free one day a week can be the gift that keeps on giving for a lifetime of healthier habits, and as foodservice professionals, you wield so much power in paving a healthy and sustainable future for your students.



### Opportunity for Success

We want to provide every opportunity for you to find success. The **Forward Food** program, through The Humane Society of the United States, offers **free** recipes for delicious meals like Mighty Marinara with Chickpeas, or Nutty Noodles. Protein-packed Three Bean Chili and Black Bean Tacos.

Forward Food also offers **free** marketing materials and menu help, as well as **free** district-wide culinary workshops—even offering continuing education credits. Contact Kate Watts, the Food & Nutrition coordinator in Pennsylvania for Forward Food: kwatts@hsus.org or 215.356.4900. Visit [forwardfood.org](http://forwardfood.org) for more information.

# Certificate Program Application

## APPLICATION INFORMATION

(Print or type all information)



Preferred Mailing Address:  Home  Work

Check here  if membership application has been submitted and you do not already have a membership number.

**SNA Membership Number:** \_\_\_\_\_

Name (first, middle initial, last) \_\_\_\_\_

Preferred Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Fax \_\_\_\_\_ E-mail \_\_\_\_\_

Do you receive a pay increase for having a Certificate in School Nutrition?

Yes  No

### Application Fees and Documentation

Submit your application form and copies of the required documentation for the Level you are applying for to SNA.

Place a checkmark next to the appropriate Member or Non-Member fee that pertains to the Level you are applying for.

Level	Application Fee for Members	Application Fee for Non-Members
Level 1	<input type="checkbox"/> \$16	<input type="checkbox"/> \$61
Level 2	<input type="checkbox"/> \$20	<input type="checkbox"/> \$73
Level 3	<input type="checkbox"/> \$30	<input type="checkbox"/> \$180

### Declaration

I declare that all the information I have provided is true to the best of my knowledge. I understand that SNA reserves the right to verify any or all information in this application or in connection with my certificate. Therefore, I understand and agree that my failure to provide information that is true, respond to authorized SNA requests for additional information or abide by SNA policies and procedures shall constitute grounds for rejection of my application or denial or revocation of my certificate.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### Payment

Total Payment Enclosed \$ \_\_\_\_\_  Check  Money Order  
 VISA  MasterCard  
 American Express

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

Make check or money order payable to SNA. Mail your application, payment and documentation to: SNA, P.O. Box 759297, Baltimore, MD 21275-9297 or fax your application, credit card information and documentation to: (301) 686-3115.

NOTE: Please allow 4 -6 weeks for your application to be processed. The application fee is non-refundable. If your application is incomplete, you will receive a letter listing additional documentation needed to earn your Certificate and you will have 30 calendar days to submit the documents to SNA. If SNA received your documents after 30 calendar days, you will have to re-submit the entire application and pay the initial certification fee again.

MAKE A PHOTOCOPY OF YOUR APPLICATION FOR YOUR RECORDS. Please call the SNA Service Center at (800) 877-8822 or email us at [certsns@schoolnutrition.org](mailto:certsns@schoolnutrition.org) with any questions. SAVE MONEY! Become a member of SNA when you apply for a certificate. For a membership application, call the Service Center at (800) 877-8822.

May 2015



## SNA Certificate Program

### LEVEL 1 Requirements

#### Initial Level 1 Application Requirements

1. Eight (8) hour Core Course in Nutrition **OR** 1 College Credit in Nutrition **AND**
2. Eight (8) hour Core Course in Food Safety & Sanitation

- CEUs must be categorized by Key Topic Area based on the USDA Professional Standards.
- CEUs CANNOT date back further than five (5) years from the date you apply.
- College credits have no expiration.



## CERTIFIED? YOU COULD BE!

*Are you certified?* If not, this is your best and easiest chance to get it done! At the 2017 Annual Conference this summer, **Chris Dunn (Cocalico School District), SNAPa Chair of Nutrition Education & Professional Development**, and his committee of volunteers will be staffing a “booth” to provide advice on how to become certified. And ... if you are eligible, bring your documents and SNAPa will submit your application for you to SNA. For FREE! One time only ... at the 2017 Annual Conference ... look for the sign that says **“Chris Is In”** ...!

### *Why Should I Earn My SNA Certificate in School Nutrition?*

It's more important than ever to invest in your school nutrition professional development. Getting your Certificate in School Nutrition from SNA shows your commitment to your profession. SNA's Certificate Program aligns with USDA Professional Standards making it easier for you to keep up with the requirements.

### *Earning Your Certificate in School Nutrition will:*

- Provide a career ladder you can use to advance in the field
- Add credibility to your position and to your school's program
- Enhance your professional image with supervisors, parents, and administrators
- Stay current on the latest issues and solutions related to your job

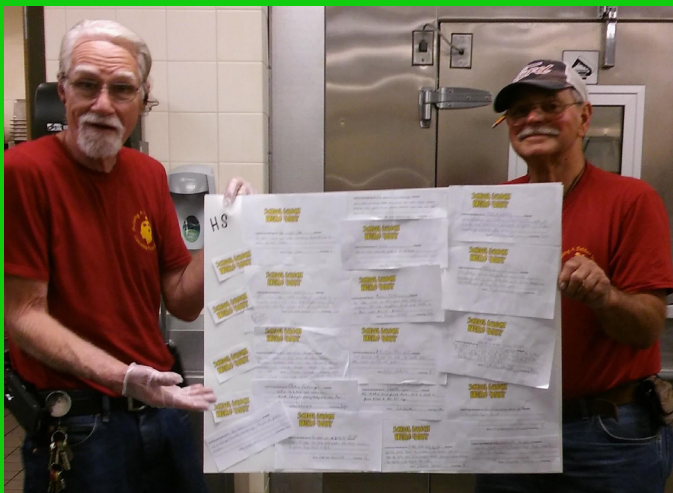
We are not just about educating our members, but also take advantage of opportunities to educate others, as well. At the recent PASBO Conference in Pittsburgh, SNAPa members **Curtistine Walker (Pittsburgh Public Schools)**, **Nicole Melia (Great Valley School District)**, **Tony Brochu (Cornwall-Lebanon School District)**, **Joyce Weber (Baldwin-Whitehall School District)**, **Glenn Eaton (W.B. Marketing)**, and **Jennifer Herbst (Burgess Area School District)** generously volunteered to spend some time at “the booth” to meet and greet PASBO members in attendance. Our thanks, as well, to **Bob Sheridan (The Core Group)** who provided the snacks we distributed.





Columbia Borough SD, Lancaster County, celebrated School Lunch Hero Day by surprising the food service team with notes of appreciation from students, staff and administration. Notes were displayed on poster boards and set up in each of the three lunchrooms in the district. There were several notes to specific

food service team members who were overwhelmed by the outpouring of love and gratitude for all they do. Team members received flowers and drivers received chocolate bars. By official proclamation, the mayor of Columbia declared Friday, May 5th, 2017 School Lunch Hero Day.



*Past*

Remember our milestones in advancing the discipline of nutrition education.



**Society for Nutrition Education and Behavior**  
2017 Annual Conference | July 20 - 24 | Washington, DC

*Present*

Enthusiasm for our current accomplishments in nutrition education and behavior changes.

*Future*

How will SNEB be defined in 50 years? What are our visions, plans and ambitions as a Society and as researchers, educators and advocates?

**SNEB invites you to attend the 2017 Annual Conference**





C O M I N G

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**IT'S A JUNGLE OUT THERE**  
**NAVIGATING YOUR SCHOOL FOODSERVICE PROGRAM**  
**SNAPA 2017 ANNUAL CONFERENCE**  
**FOLLOW US TO THE POCCONOS**

**AUGUST 7 - 10, 2017**

**The Kalahari Resort**

