



Meatballs Meals-To-Go Guide

Our bulk packed meatballs can be and portioned from frozen to use for grab 'n go meals that can be heated at home.

Best Practices:

- When sending home products to be heated at home, include instructions for heating at home using microwave, oven, and/or stove top.
- Please refer to your state or local food code requirements for final cooking/heating guidelines.

General At Home Heating Instructions:

Microwave Oven:

Instructions are based on heating a single portion. Heating times may vary based on the number of portions being heated at one time. If heating more than one serving, increase microwave time by 30 seconds for each additional portion.

1. Place meatballs, and sauce if included, into a microwave safe bowl or container. Cover bowl with damp paper towel.
2. Heat on high for 90 seconds or until the product reaches the desired serving temperature.
3. Carefully remove from microwave and stir prior to enjoying.

Stove Top:

Instructions are based on heating a single portion. If heating 2 or more portions, use a larger pan/pot and increase cook time by an additional two to three minutes per serving.

1. Place meatballs into an 8-inch sauté pan or small pot. If sauce was included, add sauce to the pan or pot and gently stir to combine.
2. Heat on medium to low setting for 12 - 15 minutes. Stir throughout cooking process.
3. Remove from heat, stir and serve.

Oven:

Instructions are based on heating a single portion. When heating more than one portion, increase the size of the pan. If heating 2 - 3 portions, increase cook time to 15-20 minutes. When heating 4 or more portions, increase cook time to 25-30 minutes.

1. Pre-heat to 350F°.
2. Place one serving of meatballs (and sauce if included) in an oven approved pan.
3. Place a lid or aluminum foil or the container and heat for 12 - 15 minutes.
4. Remove from oven, uncover, and stir before serving.

Leftovers:

- Place any uneaten meatballs in storage container (plastic or glass bowl w/lid or Ziploc bag).
- Store in the refrigerator until next use, but no longer than 3 days.

J.T.M. Meatballs (packed in poly bags)

Beef			
5049	Premium Beef Meatballs (5 ct. = CN; AF, GF)	192 svgs/case	2.50 oz (5 m'balls) = 2.0 M/MA
5057	Premium Beef Meatballs (4 ct. = CN; AF, GF)	190 svgs/case	2.52 oz (5 m'balls) = 2.0 M/MA
5030	Signature Beef Meatballs (5 ct. = CN)	171 svgs/case	2.80 oz (5 m'balls) = 2.0 M/MA
5035	Signature Beef Meatballs (4 ct. = CN)	184 svgs/case	2.60 oz (4 m'balls) = 2.0 M/MA
Turkey			
5052	Premium Turkey Meatballs (5 ct. = CN; AF, GF)	185 svgs/case	2.60 oz (5 m'balls) = 2.0 M/MA
5051	Signature Turkey Meatballs (5 ct. = CN)	168 svgs/case	2.85 oz (5 m'balls) = 2.0 M/MA
Pork			
5036	Signature Pork Meatballs (4 ct. = CN)	176 svgs/case	2.72 oz (4 m'balls) = 2.0 M/MA



Serving Suggestion: Meatballs in Sauce Meal Kits

1. Pre-portion thawed J.T.M. Meatballs into a to-go container.
2. Pick and package sauce into separate container or combine with meatballs before portioning: Marinara • BBQ or Buffalo Sauce • Teriyaki/Asian Sauce • Gravy
3. Round out the meatball entrée:
 - Meatball Subs:** Marinara/BBQ/Buffalo Sauce + sub bun or hot dog bun
 - Pasta Bowl:** Marinara + Pasta
 - Asian Meatball Bowl:** Asian Sauce + Rice or Lo Mein
 - Meatballs n Gravy Spudz Bowl:** Gravy + Mashed Potatoes + roll
4. Pack with fruit, veggies, and milk.
5. Include instructions on how to heat J.T.M. meatballs at home (see first page), and also include the same info for any other meal kit components that need heated at home.



Serving Suggestion: Make Ahead Meatball Subs

1. Pre-portion J.T.M. meatballs into sub bun.
2. Top meatballs with Marinara Sauce (Buffalo or BBQ Sauce will work too).
3. Optional: Top with shredded mozzarella cheese.
4. Wrap individually in insulated, foil sandwich wrappers and write or label with "Packed On" date.
5. Refrigerate until ready to distribute. Refrigerated, wrapped sandwich must be consumed within three days of being packaged.

Oven Heat at Home:

1. Preheat oven to 350° F. Bake foil wrapped meatball sub for 15-20 min. or until product reaches 145°F (Serv Safe Standard - 145°F for 15 seconds).
2. Serve immediately or hold hot until ready to eat.

Microwave Heat at Home:

1. Remove foil wrap and loosely wrap meatball sub in damp, paper towel.
2. Place on microwave safe plate. Microwave for 90 seconds to 2 minutes or until product reaches 145°F (Serv Safe Standard - 145°F for 15 seconds).

Packaging Tips:

- When you can, please be sure to utilize the appropriate ovenable/microwaveable containers for the specific method of heating & service.
- Plastic and foam containers are not always appropriate for microwave use.
- Pyrex, aluminum and metal containers are best suited for oven applications.
- Foil wraps with paper lining are the ideal packaging for heating, holding and service.
- Wrapping the burrito will help to maintain moisture and quality during the heating, holding and service of the burrito.
- Do not place aluminum foil wrap or containers in microwave!

